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The Florida Bar Young Lawyers Division Law School Affiliate 2020 Health & Wellness Grant Application
August 2, 2020 4:06 pm
Mobile Safari 13.1.1 / iOS
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Deadline August 3, 2020

Name of Law School Affiliate	Florida State University College of Law
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Individual Contact Name	Nancy Benavides
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Contact Email	nbenavid@law.fsu.edu
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Contact Address (the address where The Florida Bar will send your Grant Award)	425 W Jefferson St Tallahassee, FL 32306-1601
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Proposed Date of Project	Oct 01, 2020
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Proposed Location of Project	FSU College of Law Tallahassee , FL 32306-1601
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Expected Number of Students Attending	35
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Description/Agenda (Please include a brief description/agenda for your event)	The Young Lawyers Division (YLD) will partner with Rising OM Yoga to provide a free yoga class to FSU Law students who are members or sign up to be members of the YLD. The purpose of this event is to promote mental and physical health in the legal community. October is the month before exam season where law students start to become very busy and stressed. This event is meant to put them in a right state of mind and provide a form of exercise to release tension and stress.
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Describe how you will recognize The Florida Bar YLD for its support of your event	We will recognize YLD by recognizing them for sponsoring the class in posts used to market the event. At the end of the workout, a LSA law school liaison will thank everyone for coming out and recognize and thank YLD for sponsoring the class. Additionally, we will use the hashtags, #stigmafreedyld, #flayld, and #WellLawyer on all communications sent via social media regarding the yoga class as a way to recognize YLD as a sponsor of the class.
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Signature of the LSL Law School Administrator	
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